

Earth, water, air and fire: how fixing and restoring our rivers is about so much more than water

Craig Bennett, Chief Executive, The Wildlife Trusts
Cam Valley Forum, 24th March 2025





The Wildlife Trusts throughout the UK Wildlife Trusts Scotland Irish Sea North West North East Yorkshire Wales West Midlands **East Midlands** Eastern London South West South East



Water companies in England face outrage over record sewage discharges

Call for environmental emergency to be declared after data reveals 105% rise in raw sewage discharges over past 12 months



NEWS

How much raw sewage is released into rivers and the sea, and what are the rules?

() 27 March

<



Sewage scandal: pollution plaguing Britain's beaches and beauty spots as water firms told 'clean up your act'





Presented by Michaela Strachan

A TURQUOISE TV PRODUCTION FOR CHANNEL 5
WEDNESDAY 4TH OCTOBER 7PM



Earth, water, air and fire: how fixing and restoring our rivers is about so much more than water







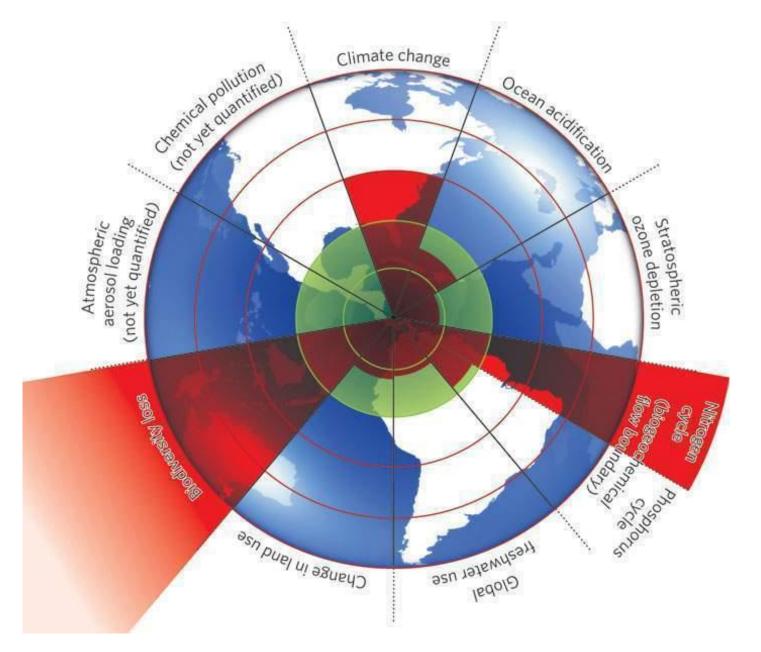
Earth, water, air and fire: how fixing and restoring our rivers is about so much more than water

Earth

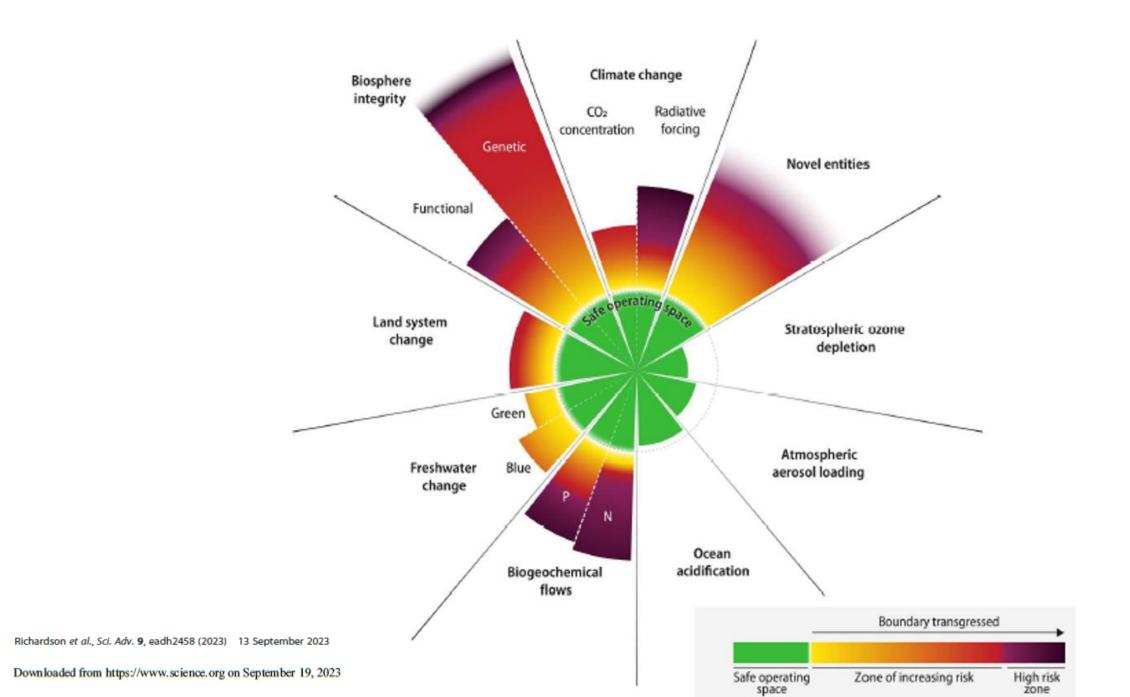








Rockstrom, J. et. al. (2009) "A safe operating space for humanity", Nature 461, 472-475

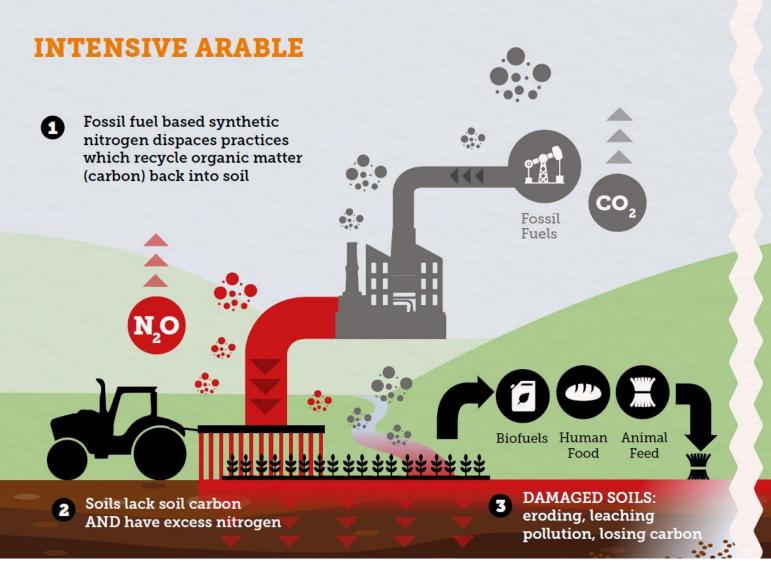




Some soil stats...

- UK soils contribute to 21% of total UK agricultural emissions
- Organic farms store around 3.5 tonnes more soil carbon per hectare
- Around 25% of our biodiversity lives in the soil
- A review of soil farm studies globally found that 16% had soils so damaged that their food producing capability spanned less than 100 years
- UK fenland soils are being lost at around 2cm per year...

SOIL CARBON AND NITROGEN CYCLES ARE DISRUPTED, AND SO ARE SOILS



INTENSIVE LIVESTOCK

Crops grown on these degrading soils fed to intensively kept livestock often at distant locations

Intensive livestock









Large-scale meat and dairy production



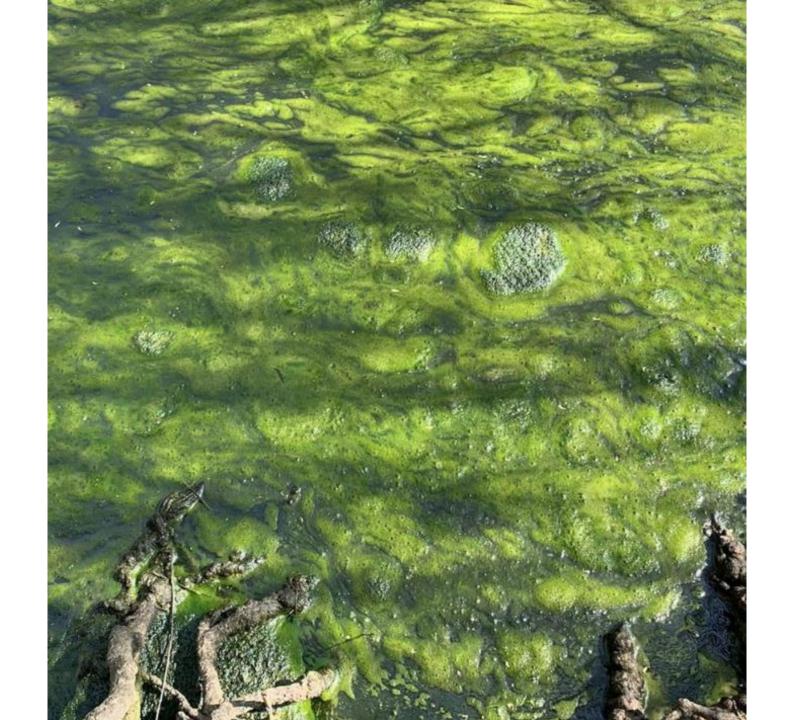
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Excess concentrated manures

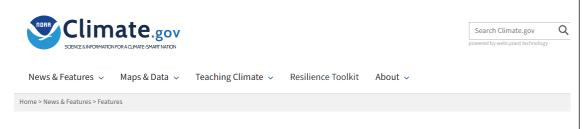
These animals produce huge amounts of manure which is inefficient to recycle back into soils and worsens pollution further





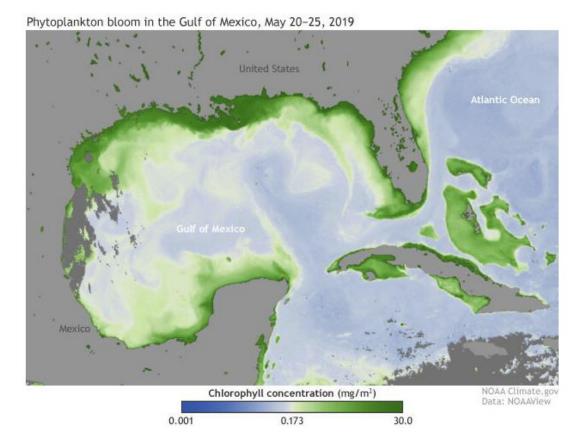






Wet spring linked to forecast for big Gulf of Mexico 'dead zone' this summer

BY REBECCA LINDSEY | REVIEWED BY DAVID SCHEURER
 PUBLISHED JUNE 18, 2019



Satellite-based estimates of chlorophyll in the Gulf of Mexico from May 20–25, 2019. An overgrowth of and other plant-like microbes called phytoplankton eventually decay, which uses up oxygen. NOAA Climate.gov image, based on data from NOAA EVL.

















MARCH 15, 2017

Growing algae bloom in Arabian Sea tied to climate change

by Sam Mcneil





Farmers on frontline as Dutch divided by war on nitrogen pollution

Government's buyout scheme is meeting fierce resistance from farmers in Netherlands



Wim Brouwer said that his cattle farm had been labelled a 'peak polluter' by the Dutch government. Photograph: Judith Jockel/The Guardian

eal farmer Wim Brouwer sits on his terrace, an "emergency" red flag flying outside and his laptop open on a page revealing he is one of the Netherlands' peak polluters, due to the nitrogen excreted each year by his 1,360 calves.

His business sits in one of the most intensively farmed parts of Europe's most intensively farmed country, a huge exporter with more than 110 million livestock, including cattle, chickens and pigs.

Nitrogen compound emissions are a big matter in this small, packed country, becoming the dominant political issue over the course of a four-year crisis. Among other impacts, the crisis has hampered crucial housebuilding, because builders need nitrogen permits from a limited supply to cover construction emissions. The crisis has polarised social opinion, spurring the rise of a new rural populist movement and mobilising environmentalists who are desperately concerned about the state of wild habitats.



NEWS > AGRICULTURE AND FOOD

Dutch government ordered to cut nitrogen pollution — or face €10M fine

Greenpeace's victory means that PM Dick Schoof must achieve emissionreduction targets by 2030 or face the penalty.

□ SHARE

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Greenpeace Netherlands celebrated the verdict but emphasized the need for immediate action. | Phil Nijhuis/EPA-EF





FINANCIAL TIMES

UK to scrap rules protecting waterways to boost housebuilding

Developers argue EU-era regulation on 'nutrient neutrality' has prevented construction of tens of thousands of homes



Planning experts say the guidance aimed at limit pollution has exacerbated a chronic housing shortage in England © Jonathan Buckmaster/PA

Jim Pickard, Deputy Political Editor AUGUST 28 2023

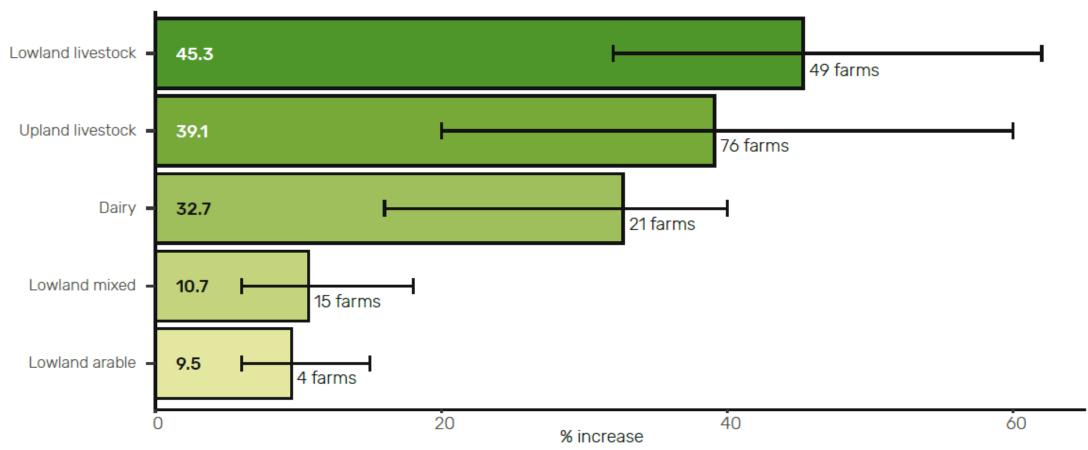








Increase in Commercial Gains from moving to MSO by Farm Type (%)



Graph 1: Impacts of moving to MSO on outputs and commercial returns, based on the sample of farm accounts assessed (commercial returns is taken to mean revenues before support less variable and fixed costs). Source: Nethergill Associates

Example 1: Arable

A 750 ha arable farm on the North East Essex Coast on mostly clay soils, using diverse crop rotations, cover cropping and direct drilling to reduce inputs and improve biodiversity. Most of the land farmed is in Countryside stewardship and SFI.

"MSO gives me the ability to measure the financial and environmental sustainability of my farm business over time, to assess how nature farming practices benefit my profitability as I reduce my reliance on artificial fertiliser. It is the only method I have come across that includes the naturally available resources when looking at farm efficiency and as such provides an exciting new measurement for farmers to benchmark against"

"Our regenerative farming journey continues... every year shows us new challenges and more opportunities to learn, but farming with nature is rewarding in many different ways – not just financially!"



Example 2: Upland livestock

A 450 hectare farm in Wharfedale rising from 800 to nearly 2000 metres. It now runs 300 Swaledale ewes and 70 Belted Galloway breeding cows and followers to finish, down from over 1000 ewes previously.

"Our move to explore the merits of moving to MSO began 3 years ago by deciding to move towards a predominantly cattle grazing system."

"It is surprising how the grass yield and quality has improved over the whole farm in a short period, notably by the removal of Molinia (on the top ground) and the change in flora. The land is now more productive allowing livestock grazing units to increase over the holding. As a result, we are seeing an increase in profit from the livestock element of the business with reduced labour input, which has led to a better quality of life for me and the family. Although there were a few teething problems with cash flow, the profitability of the cattle enterprise is increasing year on year."



THE SEVEN WAYS TO SAVE OUR SOILS:

Restoring our damaged soils is key to solving our climate, nature and health crises. Together, these seven ways form a necessary whole farm approach to saving our soils. Progress on the ground remains slow, so policy makers need to better support and enable farmers.



MONITOR SOIL HEALTH ON FARMS

All farmers should know the state of their soils, and how they compare to farms of similar soil type.



INCREASE THE AMOUNT OF PLANT AND ANIMAL MATTER GOING BACK ONTO FIELDS

Farms should be building up or maintaining high levels of soil organic matter (relative to each soil type)



IMPROVE SOIL LIFE BY REDUCING TILLAGE AND CHEMICALS

Farmers should be enabled to plough less and drastically reduce agrichemical inputs.



COVER UP BARE SOIL WITH CONTINUOUS PLANT COVER

Soils should only be bare for short periods of time. You can't normally see healthy soil – it is covered by plants.



BRING MORE TREES ONTO FARMLAND

Farmers should be enabled to adopt agroforestry. UK farm woodland area should double.



REDUCE SOIL COMPACTION FROM MACHINERY AND LIVESTOCK

Farmers should address compaction across all farm systems.



DESIGN CROP ROTATIONS TO IMPROVE SOIL HEALTH

Farmers should be enabled to have long, diverse rotations or cropping systems.







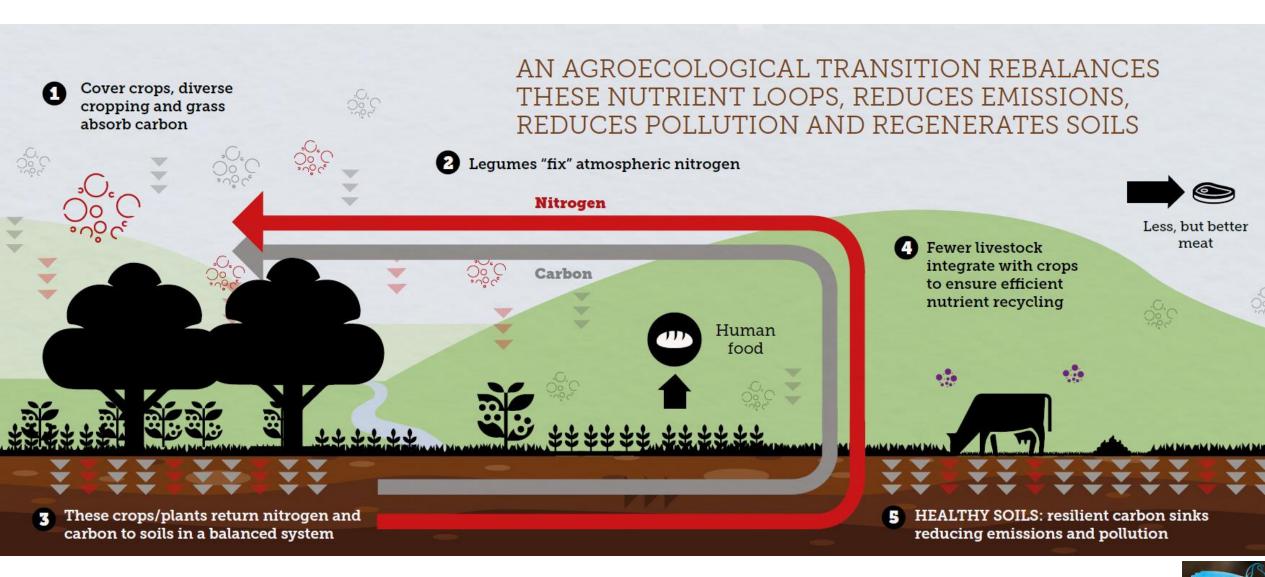


























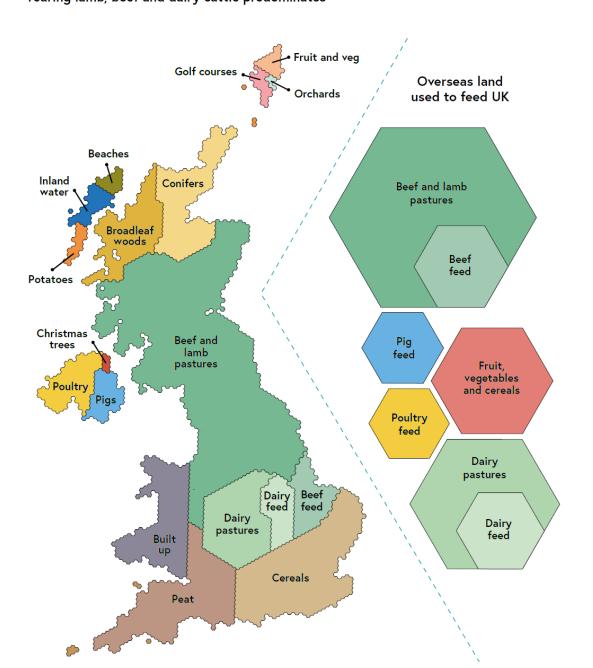




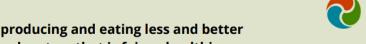


Figure 9.3

We use our land for a great diversity of purposes, but rearing lamb, beef and dairy cattle predominates¹²



Better by Half Roadmap



Actions to move us towards producing and eating less and better meat and dairy, creating a food system that is fairer, healthier and more sustainable for people, animals and the planet.

Click the sectors below to find out more and navigate using the actions on each page.







Deliver a cross-departmental food and farming strategy

Sustainable and healthy dietary guidelines underpin all policy development

Make sustainable diets the norm through public procurement

Every child has access to a hot, nutritious school meal

Develop and implement a strategy to facilitate a just transition for agriculture

Rebalance agricultural policy towards better meat, better dairy and better plants

Develop an integrated land-use plan

Local authorities improve access to fruit, vegetables and pulses

Make vegetables and better meat and dairy affordable

Assess future trade deals for their impact on human health, animal welfare and the environment

UK government

t Devolved nations

Local authoritie

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Harness opportunities for more plants produced for human consumption

Switch to better meat and dairy production

Work with nature to boost business resilience and profitability



Label origin and method of production for all meat and dairy

Encourage sales of plant foods

Set targets for more plants in the basket and evaluate progress

Embed a sustainable diets strategy across the business

Develop a sourcing policy that delivers 'better' meat and dairy



Put more plants on plates and menus

Make plant dishes more appealing

Set targets and evaluate progress towards less and better meat and dairy alongside more plants

Provide exciting plant-based training and development for chefs

Develop a sourcing policy that delivers 'better' meat and dairy



Evaluate company risks and opportunities related to meat and dairy production and sales

Engage to promote healthy and sustainable production





Put more plants on plates and menus

Food service providers such as restaurants and caterers should make vegetables, wholegrains, nuts, seeds, fruit and pulses the focus of the food offer.

A dietary transition towards a future where we eat mostly plants is only feasible if there are enough tasty options available to buy. Plant-rich dishes, which contain predominantly plant foods, should make up the majority of the food service offer. The remaining meat and dairy on sale should be <u>produced to 'better' standards</u>.

Food service providers should rebalance the plate:

- Increase the proportion of plant-rich dishes on the menu at least 50% of menu options should be meat and dairy-free.
- Make vegetables and plant proteins the star of more dishes.
- Introduce more wholegrains, legumes/ pulses, and vegetables to meat and dairy based dishes.
- Use delicious recipes across cultures often traditional dishes that are inherently lower in meat and dairy, such as small amounts of flavoursome meat in a stir fry or paella.
- When cooking with fish and seafood, ensure it is MSC certified.
- Consider offering optional smaller portions of "better" meat as an add-on or side to default plant-based mains. Make better use of livestock products by serving less-used cuts of meat.









The most deprived areas tend to have more fast food outlets²⁷



Fast food outlets per 100,000 of the population

What is regenerative agriculture?



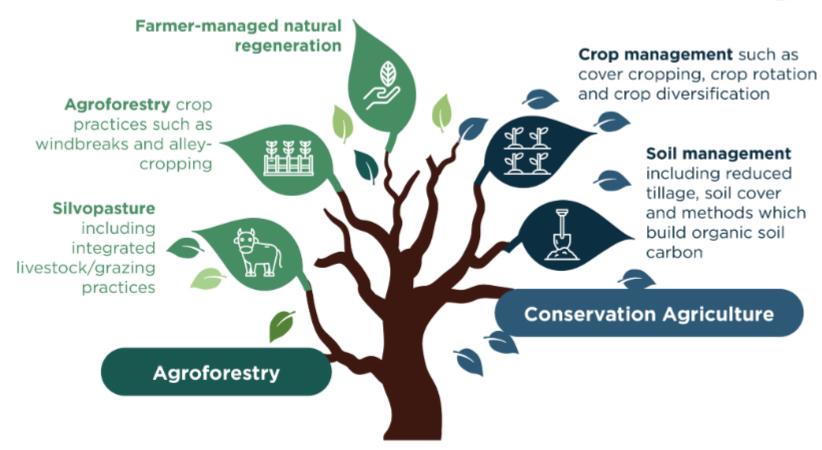
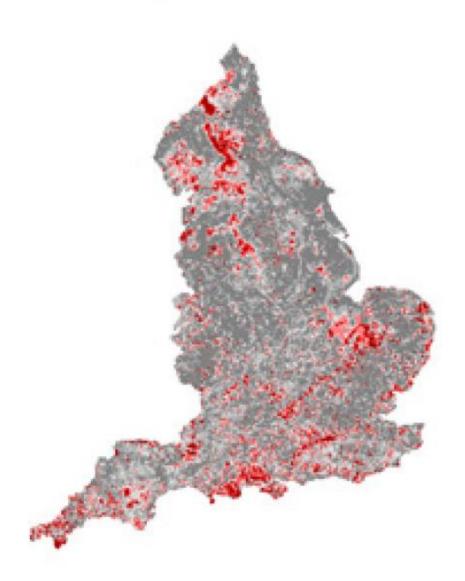
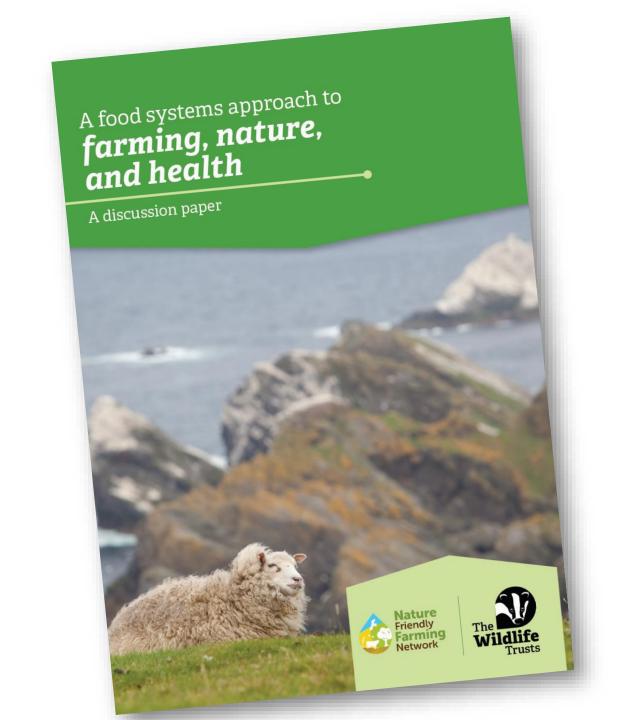


Figure 9.2

A significant area of land (red) is well suited simultaneously to sequester carbon and protect nature¹¹









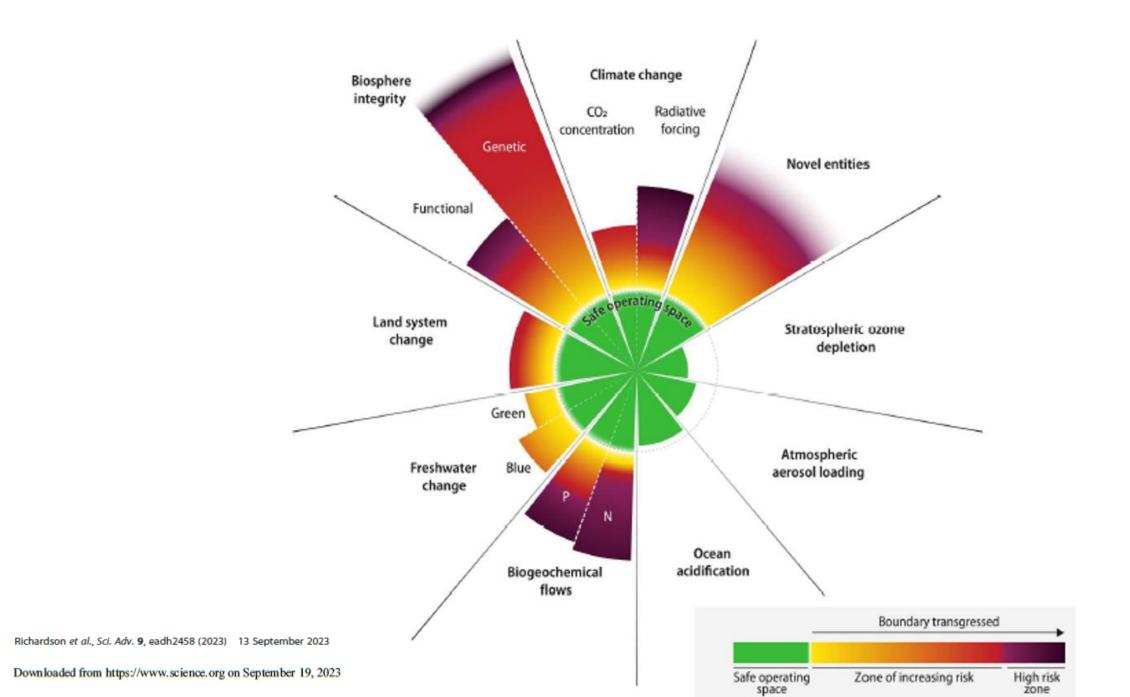




Water







"A PERFECT FILM. RIVETING, POWERFUL AND IMPORTANT" A PILM BY TODD HAYNES MARK RUFFALO ANNE HATHAWAY TIM ROBBINS BILL CAMP VICTOR GARBER - BILL PULLMAN ONE OF THE DEADLIEST COVER UPS IN AMERICAN HISTORY

IN CINEMAS SOON



PFAS

Otters among UK wildlife carrying toxic 'forever chemicals', analysis shows

Some wildlife species have accumulated many times more than safe amount of PFAS in their tissue and organs

- Revealed: drinking water sources in England polluted with forever chemicals
- Revealed: scale of 'forever chemical' pollution across UK and Europe

Rachel Salvidge and Leana Hosea

Fri 17 Jan 2025 13.00 GMT





Some PFAS, known as forever chemicals because they do not degrade, have been linked to serious diseases in humans and animals, including cancers. Photograph: Our Wild Life Photography/Alamy

Dolphins, otters, porpoises, fish and birds across the UK have been found to have toxic "forever chemicals" in their tissue and organs, analysis of official data has revealed.

Manmade chemicals called PFAS, known as forever chemicals because they do not degrade, are used in a wide range of consumer products and industrial processes and some have been linked to serious diseases in humans and animals, including cancers. PFAS have been found widely to pollute water and soils and are thought to be in the blood of every human on the planet.

Watershed Investigations, the Marine Conservation Society and the Guardian obtained official data on more than 1,000 animals to reveal widespread contamination by a range of PFAS, particularly PFOS and PFOA, which have been studied the longest and found to be toyic, and are now banned.



PFAS

Industry using 'tobacco playbook' to fend off 'forever chemicals' regulation

Industry-funded research and exaggerated claims litter arguments against stricter regulation

 Cost to clean up toxic PFAS pollution could top £1.6tn in UK and Europe

Rachel Salvidge and Leana Hosea

Tue 14 Jan 2025 05.00 GMT





PFAS have been found in water and are likely to be in the blood of almost every human on the planet. Photograph: MediaNews Group/Orange County Register/Getty Images

Efforts to restrict the production of plastic "forever chemicals" that could threaten public health have been met with a large-scale coordinated attack by the multibillion pound industries that make and use them.

Industry-funded research and exaggerated claims litter the arguments made by the fluoropolymer industry against stricter regulation, a year-long investigation by the Forever Lobbying Project, a cross-border investigation involving 46 journalists and 18 experts across 16 countries can reveal.

Fluoropolymers are high performance plastics and a type of per- and polyfluoroalkyl substances (PFAS) - a group of more than 10,000 human-made chemicals that will not break down in the environment for tens of thousands of years, if ever, earning them the nickname "forever chemicals".



The substances are durable non-stick coatings used in an enormous range of industrial processes and consumer products. They have been in production for decades and pollution is so widespread that some have been found in water, soils and air across the world. They have been detected in fish, birds, otters, seals and whales - and are likely to be in the blood of almost every human on the planet.

WATERSHED



Watershed Pollution Map

The WATERSHED POLLUTION MAP brings together multiple layers of data from a wide range of sources to reveal the huge number of pressures on rivers, lakes, groundwater and seas.

Show more

@ Find

PFAS in birds (µg/kg)



94.65

PFAS in foxes (µg/kg)



PFAS in fish (µg/kg)



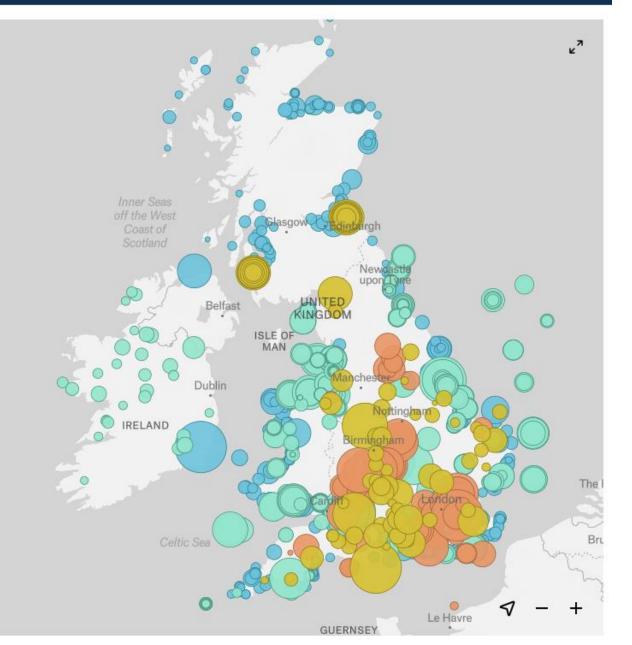
PFAS in aquatic mammals (µg/kg) d...

WATERSHED Investigations

Independent not-for-profit investigative journalism in the public...

W watershedinvestigations.com











Why plastic pollution could be just as bad for our health as air pollution

Our rubbish ends up in the ocean – but we should be worried about the ways it gets into our own bodies





By Tom Bawden

Science & Environment Correspondent

FINANCIAL TIMES

Plastic ingestion by humans and animals altering cells, scientists say

Study identifies new stomach disease in seabirds caused by microplastics



Flesh-footed shearwaters on Australia's Lord Howe Island were found to have widespread scarring of the digestive tract © PA

Clive Cookson MARCH 3 2023









Microplastics block blood flow in the brain, mouse study reveals

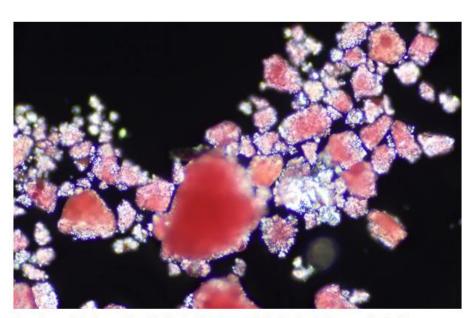
Real-time imaging shows how plastic-stuffed cells form clumps that affect mouse movement.

By Smriti Mallapaty









Tiny pieces of plastic were found lodged in blood vessels in the brains of mice. Credit: Sinclair Stammers/SPL

For the first time, scientists have tracked microplastics moving through the bodies of mice in real time. The tiny plastic particles are gobbled up by immune cells, travel through the bloodstream and eventually become lodged in blood vessels in the brain. It's not clear whether such obstructions occur in people, say researchers, but they did seem to affect the mice's movement.



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Environment ► Climate crisis Wildlife Energy Pollution

It's complicated Rivers

Why rivers shouldn't look like this video

Josh Toussaint-Strauss Ali Assaf Joseph Pierce Nick Hildred Ryan Baxter, Source: The Guardian Thu 26 Jan 2023 09.33 GMT









The quintessential image of a river you might recognise from post cards and paintings nice and straight with a tidy riverbank - is not actually how it is supposed to look. It's the result of centuries of industrial and agricultural development. And it's become a problem, exacerbating the impact of both extreme flooding and extreme drought. Josh Toussaint-Strauss looks into how so many rivers ended up this way, and how river restoration is helping to reestablish biodiversity and combat some of the effects of the climate crisis

'This is what a river should look like': Dutch rewilding project turns back the clock 500

'We make nature here': pioneering Dutch project repairs image after outcry over starving animals

Rivers/It's complicated

More from It's complicated



How killer robots are changing modern



■ Why rivers shouldn't look like



How the British crown has more power than you think



How gas is being rebranded as green



How Russia's strategy failed, not the tank



Why self-driving cars have stalled



Staffordshire Wildlife Trust



















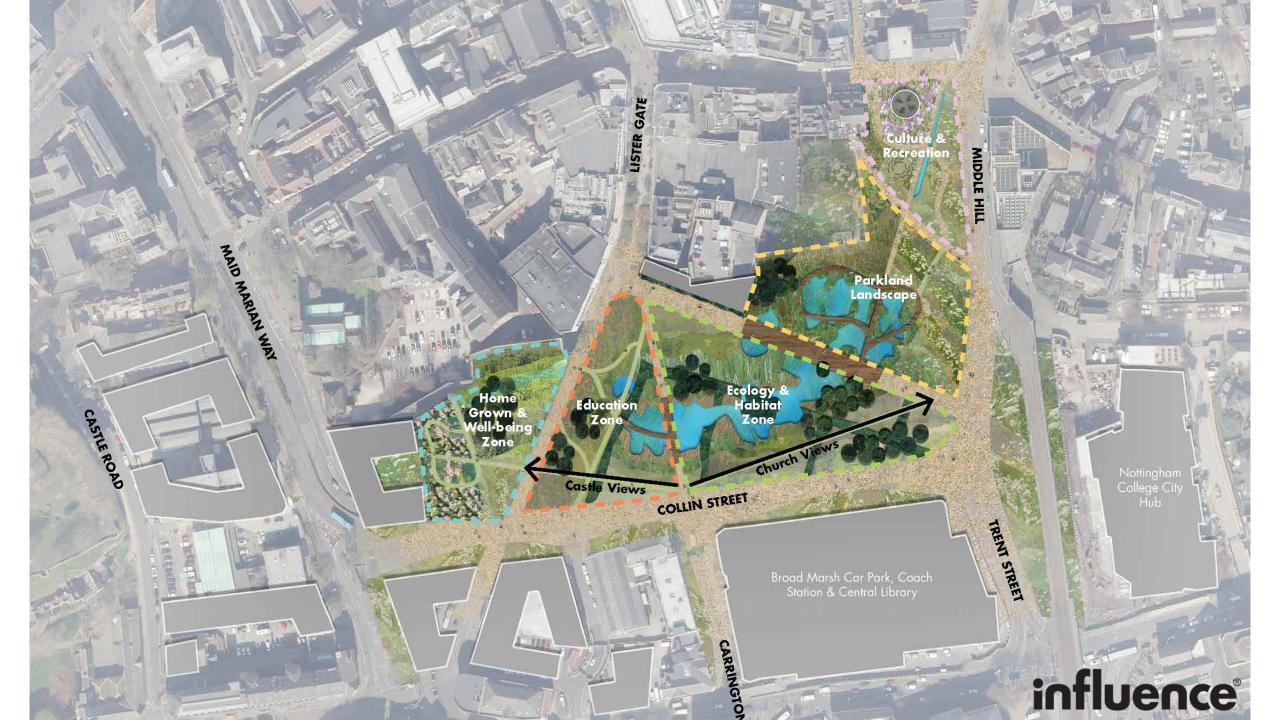




Air

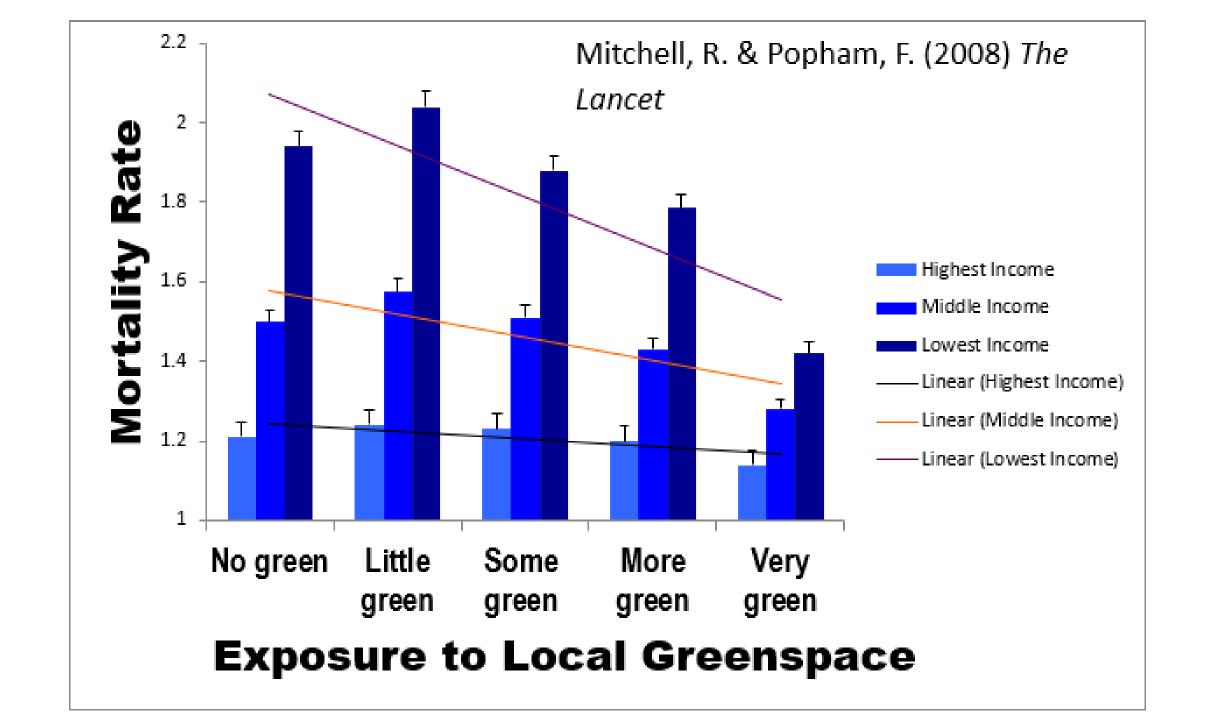






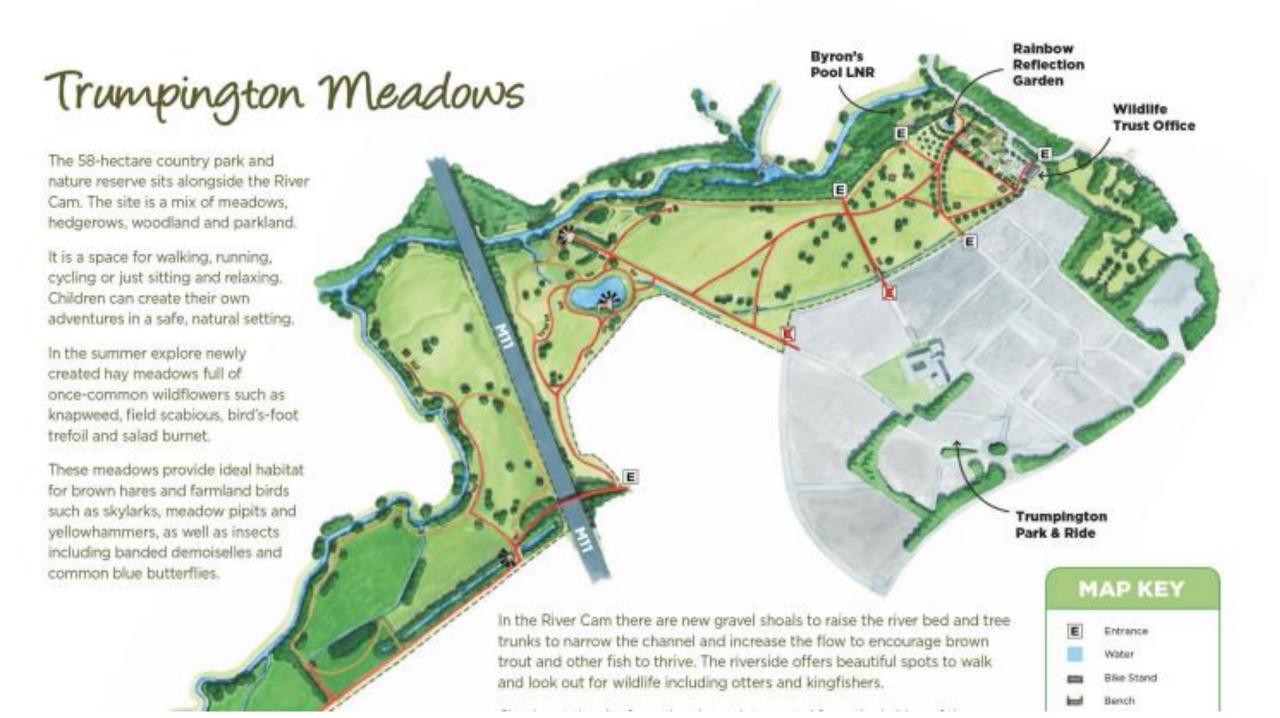








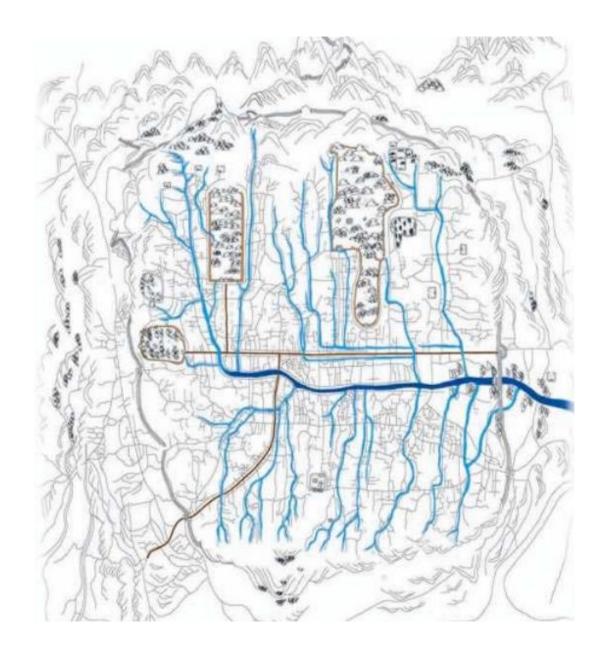


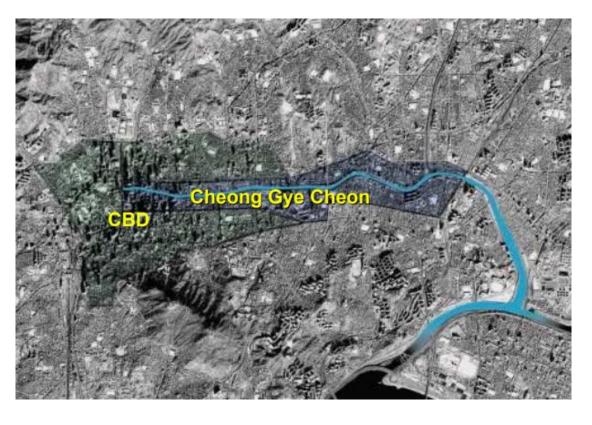




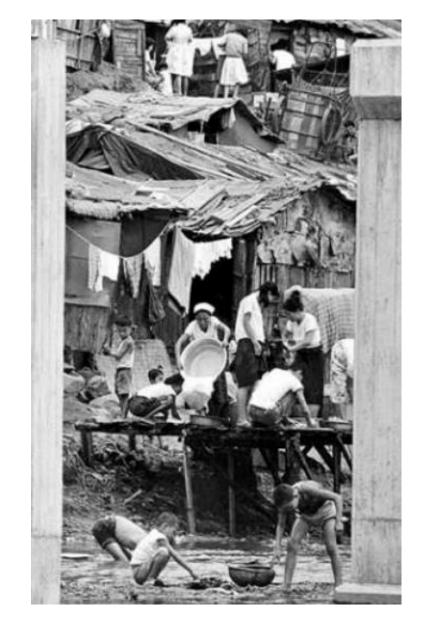
Wildlife Restoration of 8km of Cheonggyecheon river, Seoul



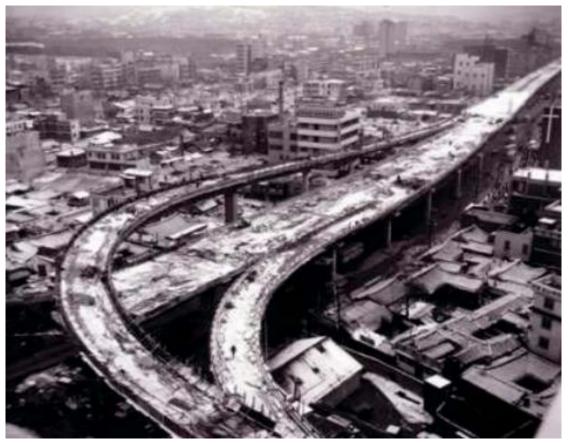


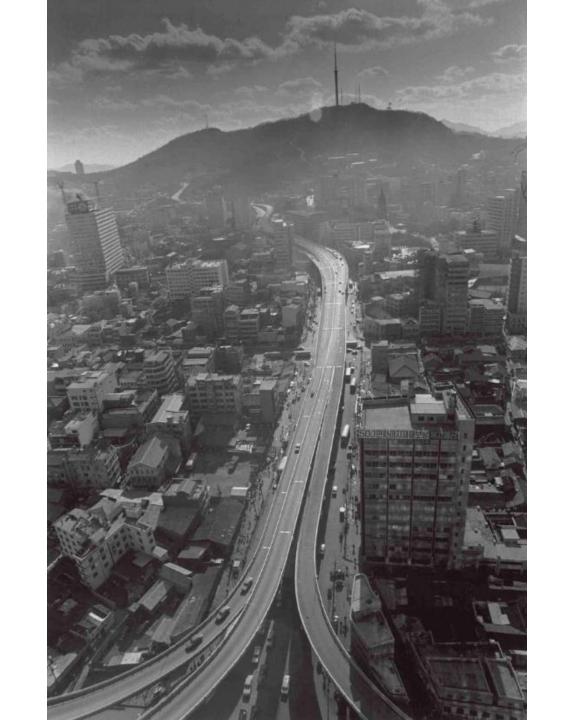




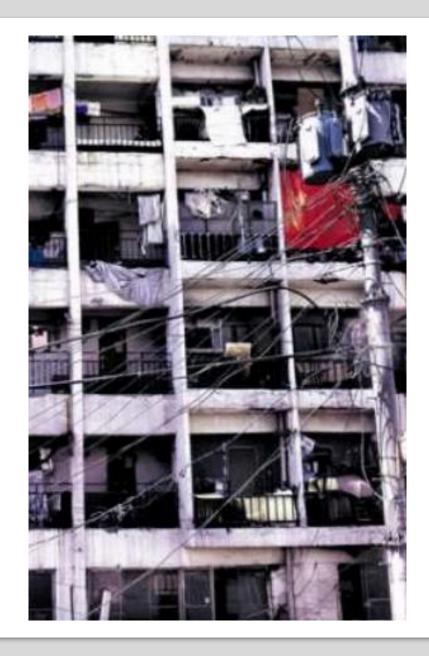






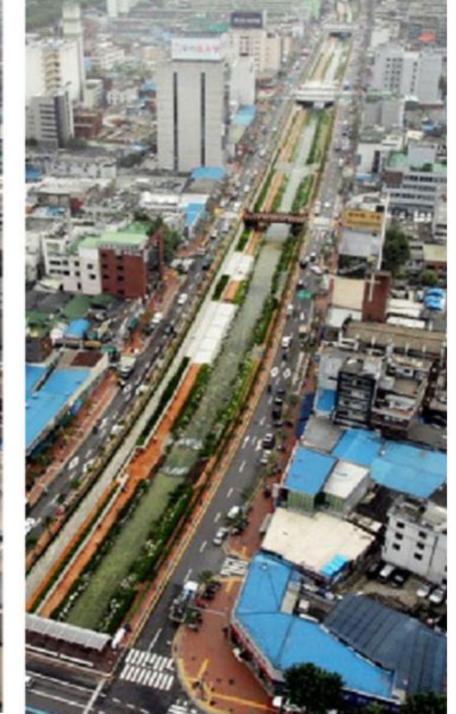






















Earth, water, air and fire: how fixing and restoring our rivers is about so much more than water







Earth, water, air and fire: how fixing and restoring our rivers is about so much more than water

Fire





UK heatwave: East Anglia braced for 40C highs as A14 melts, trains disrupted and schools closed

ANGLIA | HEATWAVE | EAST ANGLIA | ENVIRONMENT | © Tuesday 19 July 2022 at 6:23pm

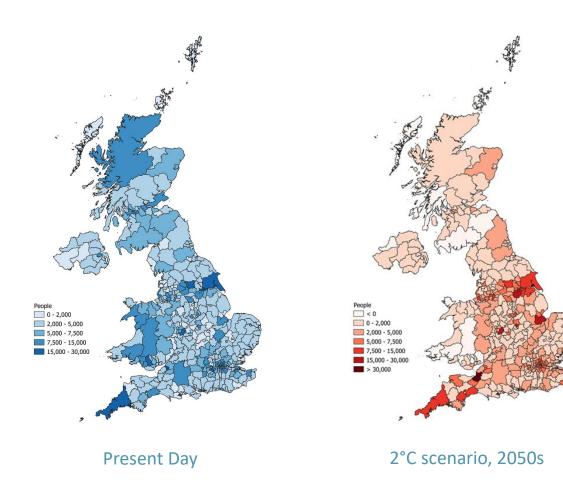


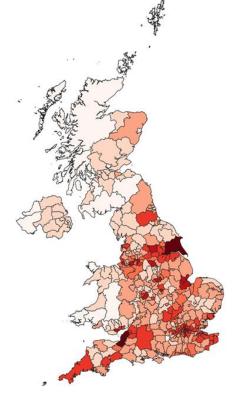
Firefighters tackle a wildfire during record-breaking temperatures on the Norfolk-Suffolk border.

Credit: Brandon fire station / Twitter



Wildlife Climate change will increase the risk of flooding for people across the UK Trusts





4°C scenario, 2080s

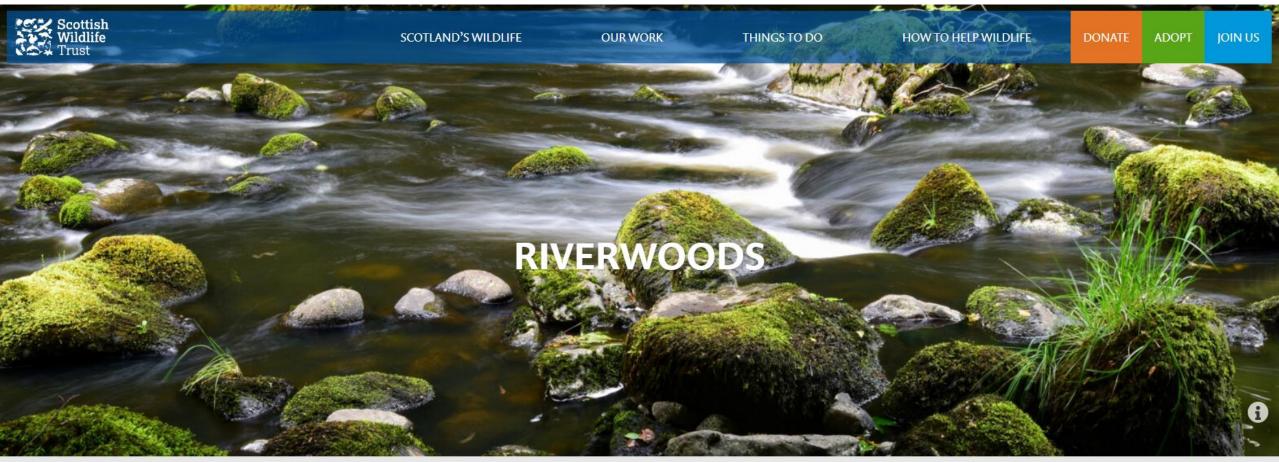
The number of people living in areas at significant flood risk (1:75 or higher from river, coastal or surface water) is likely to increase by 60% by 2050 (2°C scenario) and could more than double by 2080 (4°C scenario)

Blue map is the present-day number in each region, red shows the change in number of people from the presentday baseline









HOME / OUR WORK / OUR PROJECTS / RIVERWOODS

Riverwoods is an exciting, ambitious initiative, launched in 2019 by the Scottish Wildlife Trust, to create a network of thriving riverbank woodlands and healthy river systems across the whole of Scotland.

Creating habitat – and joining the fragments of remaining good habitat – is essential for wildlife in a rapidly changing climate. Improving the habitat alongside Scotland's rivers, streams and lochs will substantially contribute.

Nextdoor Nature	>
Riverwoods	v
Digital transformation	ÿ
Farn Vour Strings	y.



Wildlife Examples from The Netherlands...

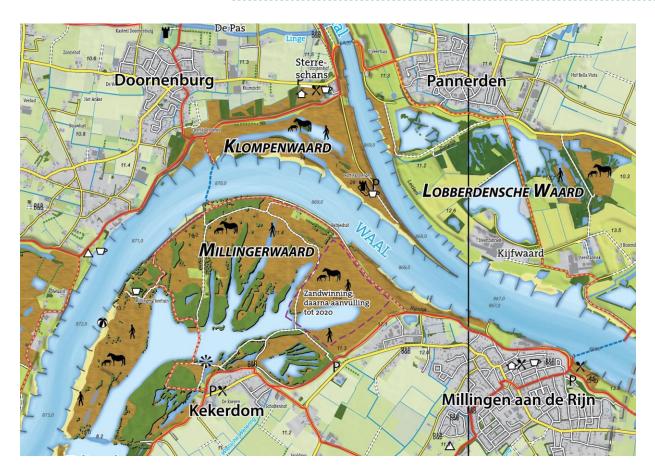
- 1. Gelderse Poort
- 2. Kempen~Broek
- 3. Grensmaas
- 4. Biesbosch National Park







Wildlife Millingerwaard in the Gelderse Poort



Millingerwaard is part of a mostly connected network of sites that stretch up the River Waal across the Dutch-German border.

- First developed as a 600ha pilot of the larger Gelderse Poort project (5000ha)
- Waterways restructured to make more space for floodwaters
- The "Room for Rivers" programme now encompasses the rivers IJssel, Lek, Maas and Waal (in the Rhine delta)
- Clay mining became a new economic driver, partially replacing agriculture.
- Ownership by various parties such as Staatsbosbeheer (the Dutch Forestry Department), Delgromij (a clay extraction company), and De Beijer (a brick factory), working in collaboration with wildlife charities
- New 300ha nature reserve created, with marshes, herb-rich grasslands, riparian forest, lakes and river dunes
- Home to free-roaming herds of Galloway cattle and Konik horses, beavers, otters, badgers, great white egrets, whitetailed eagles, skylarks, corncrakes and 10ks of geese



Wildlife Gelderse Poort (5000 ha) - room for natural processes







Wildlife Kempen~Broek wetlands (25,000 ha)

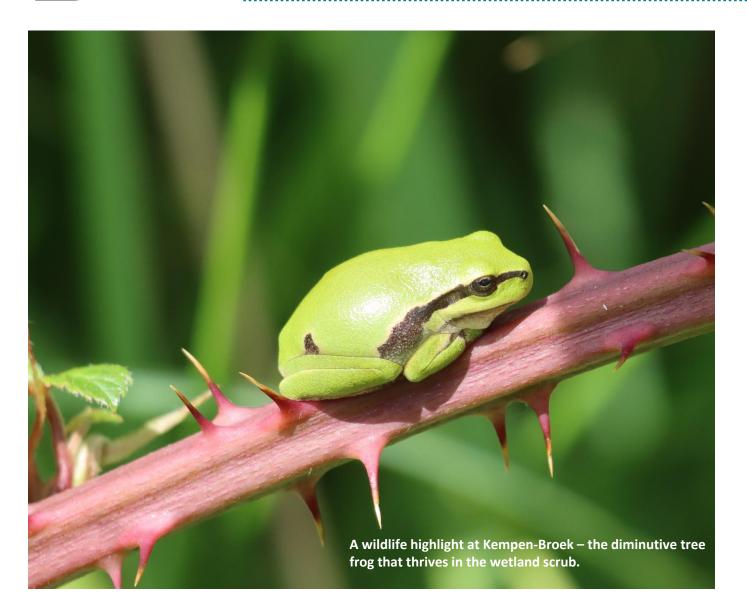




Kempen~Broek wetlands have been redeveloped to store water in times of flood and release water to agriculture in times of drought. The site is managed by 'kept-wilding' of horse and cattle (including tauros). The site has also become an important recreational and nature tourism area and is promoted strongly by Limburg and North Brabant provinces. Walkers and cyclists support local cafés, accommodation and bars building a new nature tourism economy for the area



ildlife Kempen~Broek wetlands (25,000 ha)

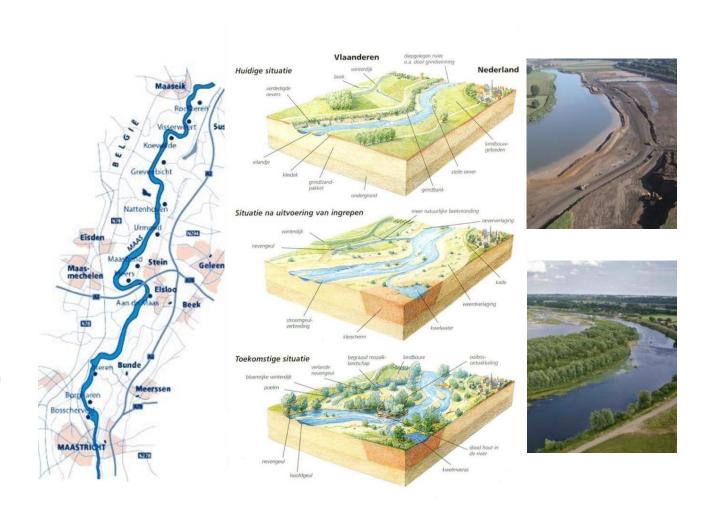


- Inland sand dunes of heath and forest, surrounded by lower areas where tributaries of the River Meuse merge into a wetland landscape.
- Natural landscape has been restored from agriculture reconstruct the original 'sponge' function of wetland
- Mainly achieved through state acquisition of farms, that are then swapped with areas of former wetlands through a voluntary exchange.
- Over-fertilised top-soils often removed and can be used to improve swapped farming plots.
- Some original farmers also paid to provide and manage livestock on the nature reserves
- Area has become major visitor destination, with a network of trails, accommodation and cafes sustaining a new rural economy.



Wildlife Grensmaas / BorderMeuse (43km of free-flowing river)

- 43 km of free-flowing gravel-bed river between Maastricht and Roosteren.
- Work started over 40 years ago in 1980 when shipping was redirected from the Maas to the Juliana channel
- The Maas here is relatively fast flowing and flashy
 - Average discharge is 200 m³/s
 - Winter discharges > 1500 m³/s and
 - Summer discharge < 10 m³/s (in very dry seasons)
- Room for Rivers policy goal was to give the river more space by lowering the winter flood plain levels and reconnecting river with its floodplain
- New habitats for wildlife and recreational space for people also created.
- Plan is mirrored in Belgium through the 3,000 ha *De Levende Grensmaas* programme.



The Grensmaas programme is largely funded through gravel extraction. This creative approach provides a strategic supply of gravel, protects towns and villages from flooding, restores nature and increases nature tourism.



Europe's largest river restoration is making changes across the entire landscape, bringing benefits to wildlife and people

by Phoebe Weston. Photographs by Judith Jockel

The age of extinction is supported by

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About this content

n the way to being one of the most beautiful nature areas in Europe," reads a sign overlooking a construction site near the village of Grevenbicht on the Meuse River in the southern Netherlands. Looking at the diggers, other bits of large machinery and bare soil, this is a stretch of the imagination. "You have to sell your story," says Frans Schepers, managing director of Rewilding Europe, who was leading the largest river-restoration project in Europe.







Wildlife Biesbosch National Park – 300km²

- one of the largest freshwater tidal wetlands in NW Europe
- was agricultural land, with farms and villages, reclaimed over five centuries
- since 1990s, much of this 'reclamation' work has been undone through "Room for Rivers" programme, recreating inland river delta
- a network of rivers and creeks, with islands of wet willow forest, wet grasslands and reedbed
- return of wildlife such as white-tailed eagle, osprey, great and little egret, bittern and kingfisher
- partial opening of Haringvliet dam in 2018, restoring salt-water into the Hollands Diep and reconnects the Rhine and Meuse/Maas to the North Sea
- allows migratory fish such as herring, twait,salmon
 & sturgeon, back into the Rhine catchment







Wildlife Examples from The Netherlands...

- 1. Gelderse Poort
- 2. Kempen~Broek
- 3. Grensmaas
- 4. Biesbosch National Park













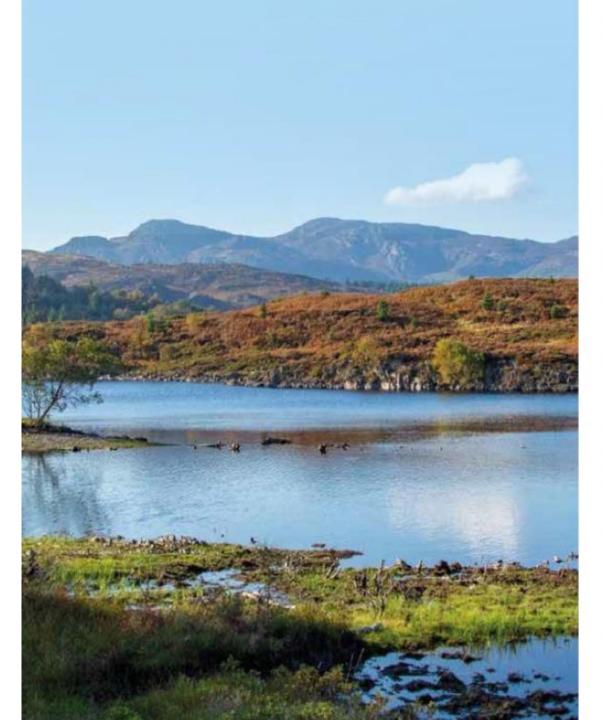


Earth, water, air and fire: how fixing and restoring our rivers is about so much more than water









Our vision is of a thriving natural world, with our wildlife and natural habitats playing a valued role in addressing the climate and ecological emergencies, and everyone inspired to get involved in nature's recovery.

Our purpose

Our purpose is to bring wildlife back, to empower people to take meaningful action for nature, and to create an inclusive society where nature matters.

Our approach

We are ambitious in our desire not just to slow but to reverse the declines in nature. We speak with a bold and confident voice, to tell the truth about the state of nature and what needs to be done to put it in recovery.

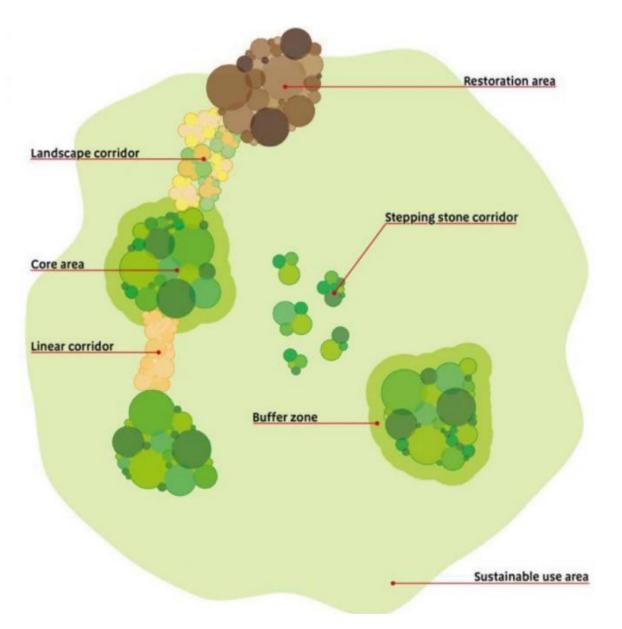
As a grassroots movement, we are firmly rooted in our local communities where we look after wild places, increasing people's understanding of and connection to the natural world, on land and at sea.

We look to establish common cause and work in partnership with others, at both a local level and a UK-wide level, to develop new, innovative ways to do what's right for nature and deliver impact in support of our vision.

We demonstrate what is possible, and inspire, empower, and enable people from all ages, backgrounds, cultures, identities and abilities to bring about our vision with us, embracing the diversity of our society to change the natural world for the better.

As a network of Wildlife Trusts, we work to ensure that our local actions, and our work through the four nations of the UK, add up to have a collective impact and help address global issues. Our differences are our strength, but we also strive to be more than the sum of our parts.





Lawton principles:

"bigger, better, more joined up"













Thank you.





